

DISCOVERY CAMP

Westfield Area Y—Main Y



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summer 2026 Camp Newsletter

CAMP VIBES ONLY!

-Meet Your Director!—



I'm the one in **Tie Dye and sending all the emails!** My name is Alexa Cassiba and I will be your 2026 Discovery Camp Director! I have worked for the Y for 7 years but before that, I was a camper for Discovery Camp myself! I'm so lucky to be part of such an awesome camp staff, and we are beyond excited to bring the energy and make this summer one to remember

Discovery Camp is located at our Main Y Facility (220 Clark Street). Camp drop off will be from 8:30am-9am on the FERRIS PLACE side of the Main Y. Pick up will be at the same location from 4:00pm-4:30pm. Please remember you must sign your child in and out every day and staff do not arrive to camp prior to 8:30am! If you arrive after 9:00am, please call the camp cell phone (908-966-4593).

We recommend that your child dress for a comfortable day at camp with shorts, t-shirts, socks and sneakers. **No open toed shoes, (sandals and/or crocs are not permitted).** Please apply sunscreen to your child in the morning prior to drop off. We will assist with application throughout the day as needed.

Each day your child should bring a non-perishable peanut/tree nut free lunch, enough snacks for two snack times and a refillable water bottle all clearly labeled with their name.

If your child has any allergies or illnesses requiring medication or an Epi-pen, please make sure to fill out all Medication Authorization forms prior to your child's first day of camp. You can find all these forms online at westfieldynj.org. All medications must be in original containers (boxes). This includes Epi-pens & asthma inhalers. **All paperwork MUST be signed off on by your child's physician.** All of our staff are certified in American Safety & Health Institute CPR for the Professional Rescuer, First Aid, Epi-pen & asthma inhaler administration.

Camp groups will swim 4 days a week (every day but trip day) Please feel free to send your child with their bathing suits under their clothes on their scheduled swim days, along with a towel and undergarments in a water proof labeled bag. Please make sure all belongings are labeled clearly so nothing ends up missing or lost at the Main Y Facility.

Your child will participate in fun group games, sports, silly songs, art projects, new friendships, special event days, and awesome camp memories. Please note that the schedule listed to the right is a rough outline and each group operates on a slightly different schedule based on space.

We are looking forward to another spectacular summer!

Please feel free to contact me if you have any questions or concerns.

Daily Schedule:

- **8:30-9:00-** Drop Off
- **9:00-9:30-** Morning Snack
- **9:30-10:30-** Camp Activities
- **10:30-11:15-** SWIM
- **11:15-11:30-** Changing from swim
- **11:30-12:00-** Camp Activities
- **12:00-12:30-** Lunch
- **12:30-2:30-** Camp Activities
- **2:30-3:00-** PM Snack
- **3:00-4:00-** Camp Activities
- **4:00-4:30-** Pick Up

Camp Checklist:

- Non-perishable peanut/tree nut free lunch & 2 snacks
- Labeled Refillable water bottle
- Labeled Swim Equipment (swimsuit, goggles & towel)
- Sun Screen w/ med form
- Trip Permission Slip when needed

WHAT'S HAPPENING THIS WEEK

Camp theme this week is:

Camp **EVENT** this week is:

Camp Phone: 908-966-4593

Alexa's Email: acassiba@westfieldynj.org

Need a camp form? More camp info? Visit www.westfieldynj.org/programs/camp/

Please note: FRIEND REQUESTS NEED TO BE MADE IN ADVANCE PRIOR TO YOUR CAMPER'S FIRST DAY :D