



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Parental Release for the Administration of Prescribed Medications and Over-The-Counter Medications (including diaper cream, sunscreen and lotions)

I, _____, the parent/legal
guardian of _____ (hereinafter "my child"), a
minor enrolled in a Westfield Area Y program, do hereby authorize the Westfield Area Y accordance with the
prescription/direction of

Dr. _____ In consideration of
The Westfield Area Y programs agreeing to administer medication to my child, I hereby covenant and agree, on
behalf of myself, and on behalf of my child, or heirs and legal representatives, that I will accept and assume any
and all legal responsibility and risk associated with the administration of medication to my child; that I will not sue
The Westfield Area Y on account of personal injuries, illness or death that may be sustained by my child as a result
of the administration of medication to my child; and that I release and forever discharge The Westfield Area Y from
any and all damages, and causes of action, either at law or in equity, which my child and I may have or which may
accrue to us, our heirs, administrators, executors, personal representatives, successors or assigns as a result of the
administration of medication to my child.

My child and I intend this to be a complete Release and Discharge of The Westfield Area Y as well as all
representatives and employees of The Westfield Area Y having anything to do with the administration of
medication to my child. I have read this statement of intent and fully realize and understand that I am signing the
Release and Discharge on behalf of myself, my child, and our heirs, administrators, executors, personal
representatives, successors, or assigns.

Signature

Date

Print Name

Date



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Medical Permission Form
Individual Medication Record

Today's Date _____ Westfield Y
Program _____

Child's Name _____
Age _____ DOB _____

Complete Name of
Medication _____

Prescription _____ Non-
Prescription _____

Refrigeration Necessary? YES NO (circle one)

Reason for Medication?

Amount to be administered? _____

Time(s) to be administered? _____

Possible Adverse Reactions?

What to do if reaction to medication occurs:

If allergy, what is child allergic
to _____

Has your child previously had an allergic
reaction? _____

If yes, please
describe _____

****If this medication is for an Epi Pen, Asthma Inhaler or Nebulizer, please complete Action
Care Plan. Available from director or on line.** MUST BE SUBMITTED PRIOR TO START DATE*****

Parent/Guardian Signature _____
Date: _____

Doctor's Name _____ Dr. Phone Number

Doctor's Signature _____
Date: _____

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Medication Log

[illegible]

All medications MUST be in their original containers.



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WHAT TO DO IF YOUR CHILD NEEDS MEDICATION DURING PROGRAM TIME

If your child will need medication during program time, you must have your DR. fill out our “Authorization to Distribute Medicine” form. (Be proactive by bringing these forms with you if you are going to the Dr. for a suspected illness).

- Medication will only be distributed if proper forms are filled out and signed by a physician. (this includes over-the-counter medications with the exception of sunscreen, lotion and diaper cream)
- Over the counter sunscreen, lotion and diaper cream will only be administered if form is filled out and signed by parent.
- All medications are to be given to the director, coordinator, or supervisor.
- Children are not allowed to self administer any medication, staff will administer all medication.
- Children over the age of 4 may assist with putting on sunscreen and lotions
- Spray on sunscreen is not permitted
- All medication must be in its original container
- Medication must not be expired, and date on Epi Pen must match the box that the Epi Pen is in.
- Must provide 2 Epi Pens
- All forms and medication must be hand delivered to director of program prior to start date.
- **If your child is in need of an Epi Pen, Nebulizer or inhaler, you must complete an Action Plan. (form to be requested of the program director at Y or of your physician).**